

# REC Wrestling Program (Riverside-Ellwood City Cooperative)



for both boys and girls.  
Ages 5-12 (as of Dec. 31)

- **Registration Dates:** Monday, October 2nd, Tuesday, October 3rd and Thursday, Oct. 5th from 6:00 PM-7:30 PM in the Northside Elementary School cafeteria. You can also find the registration form on our Facebook page, REC Wrestling. You can mail in the registration form and payment if you are interested and are not able to attend registration.
- **Practices:** begin mid-Oct. of 2023. Coaches will contact wrestlers with a start date. Practices will be held at the Northside Elementary School cafeteria. Schedule to be determined. **Wrestling shoes are required.**
- REC Wrestling is a member of the Western Area Wrestling Association. We will have a full league schedule, including a home match at Lincoln High School.
- Wrestling practices will be **OPEN** practices. Parents are to stay in the parent section, no interactions during practices. Mats are closed to everyone except coaches and wrestlers.
- **Costs:** \$150 registration fee per wrestler. Registration fee covers entry into league, insurance, fundraiser and wrestling warm-ups (shirt and shorts). Two separate deposits will be required, in addition to the registration fee. One \$50 deposit will be for the wrestling singlet and will be returned when the singlet is returned at the end of the season. The other will be a \$100 volunteer fee required per family and will be returned when the volunteer(s) work two events. These must be two **SEPERATE** deposits.
- REC Wrestling will use the **TEAM APP** to communicate during the season. Please be sure to download the **TEAM APP** and put in any cell phone numbers you would like to have an invite sent to on the registration form.

**For more information call/text:** REC President Jessica McQuiston - (724) 714-6016. **To register by mail,** please send completed form and check for **\$150 per wrestler payable to “REC Wrestling”** to:

Jessica McQuiston  
620 Hazel Ave.  
Ellwood City, PA 16117

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“Set goals. Have a plan. Work hard. Improve every day!”

**REC (Riverside-Ellwood City) YOUTH WRESTLING**  
**Registration Form**

**Wrestler's Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**School District:** \_\_\_\_\_ **Years wrested prior to this year:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Referred by (if anyone):** \_\_\_\_\_

**Parent/Guardian interested in coaching?** Y or N (Note: circling Y does not make you a coach. We are merely gauging interest. Coaches must submit appropriate clearances.)

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Father's name:** \_\_\_\_\_ **Primary phone number:** \_\_\_\_\_

**Mother's name:** \_\_\_\_\_ **Primary phone number:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Primary phone number:** \_\_\_\_\_

**Emergency Contact - Relation to wrestler:** \_\_\_\_\_

**Health Insurance:** \_\_\_\_\_ **Insured Name:** \_\_\_\_\_

**Group Number:** \_\_\_\_\_ **ID Number:** \_\_\_\_\_

**Are they any pre-existing health conditions that would put your child or other children at risk?**  
Y or N

**TEAM APP/cell number:** NAME, RELATION, PHONE 1: \_\_\_\_\_

NAME, RELATION, PHONE 2: \_\_\_\_\_

**Shirt Size** (circle) Youth: S M L or Adult: S M L XL

**Shorts Size** (circle) Youth: S M L or Adult: S M L XL

I hereby give consent for my son/daughter, \_\_\_\_\_, to participate in the REC Youth Wrestling Program. I hereby release REC and anyone connected with this program from any claims, liabilities or rights for any injuries or losses suffered by my son/daughter in training for, traveling to and from or while participating in the REC Youth Wrestling Program.

\_\_\_\_\_  
**Parent/Legal Guardian Signature** Date: \_\_\_\_\_

I, (parent's name) \_\_\_\_\_, give REC Youth Wrestling the right and permission to photograph or videotape my child while competing, practicing and/or participating in other REC events and to use photographs or videos in its promotional materials and publicity efforts. I understand that the photographs or videos may be used in publication, print ads, direct-mail pieces, electronic media or other forms of promotion. I release REC Youth Wrestling, the photographer, their offices, employees, agents and designees from liability for any violation of personal or proprietary right I may have in connection with such use.

\_\_\_\_\_  
**Parent/Legal Guardian Signature** Date: \_\_\_\_\_